



SECTION 4 PREVENTING FALLS

1. Which statement about falls is incorrect?
 - A. Falls are the most common accidents in nursing centers.
 - B. The risk of falling decreases with age
 - C. A history of falls increases the risk of falling again
 - D. Most falls occur in patient and resident rooms and in bathrooms.
2. Falls are likely to occur:
 - A. During shift changes
 - B. During meal times
 - C. When visitors are present
 - D. When care is given
3. The following increase a person's risk for falls except:
 - A. Weakness
 - B. Awareness of surroundings
 - C. Elimination needs
 - D. Shoes fit poorly
4. The following help to prevent falls except:
 - A. Night lights
 - B. Area rugs
 - C. Wiping up spills
 - D. Keeping stairs and floor free of clutter
5. A person has a chair alarm. Which is correct?
 - A. It serves the same purpose as a call light
 - B. You need to respond to the alarm at once
 - C. Alarms are used only at night
 - D. Bed rails must be up
6. Bed rails are used:
 - A. For all patients and residents
 - B. According to the person's care plan
 - C. At night
 - D. Whenever the person is in bed
7. The greatest risk from bed rail use is:
 - A. Falling
 - B. Entrapment
 - C. Coma
 - D. Confusion

8. You raise the bed to give care. You should do the following:
- A. Provide care alone even if the care plan calls for assist of two
 - B. Plan and implement two people assist as identified in the care plan
 - C. Avoid caring for the resident
 - D. Put on side rails for safety according to the care plan
9. A resident does not use bed rails. To prevent the person from falling when making the occupied bed:
- A. Ask a coworker to help you
 - B. Tell the person to be very careful when the bed is raised
 - C. Keep the bed in the low position
 - D. Get the person up in a chair
10. A person has an abdominal wound. Before using a transfer belt to transfer the person. You need to?
- A. Ask the person if it is OK
 - B. Change the person's abdominal wound dressing
 - C. Add extra dressings to the abdominal wound dressing
 - D. Check with the nurse and the care plan
11. To use the transfer belt correctly, you need to follow:
- A. The care plan
 - B. The manufacturer's instructions
 - C. The doctor's orders
 - D. The person's preferences
12. You are assisting a resident to the bathroom. The person starts to fall. What should you do?
- A. Call for the nurse
 - B. Try to prevent the fall
 - C. Ease the person to the floor
 - D. Have the person use the bedside commode instead.
13. After a person falls you need to:
- A. Provide a walking aid
 - B. Call for the nurse
 - C. Call the family
 - D. Call the doctor
14. A confused person tries to move after a fall. Which action is incorrect?
- A. Use force to hold the person down
 - B. Stay calm and protect the person from injury
 - C. Talk to the person in a calm, soothing voice
 - D. Call for help
15. The health team must help prevent falls. If necessary, the health team can interfere with the person's right to personal choice?
- A. True
 - B. False

Section 4

ANSWERS: 1.B ; 2. A; 3.B; 4. B; 5.B; 6. B; 7. B; 8. B; 9. A; 10. D; 11. B; 12. C; 13. B; 14. A; 15. B